

HIGHWAY SAFETY



Program

Buckle Up Express

FEATURING WYOMING'S CPS TEAM

SUMMER 2008

VOLUME 29

WYDOT Highway Safety Program and Cheyenne Regional Medical Center Injury Prevention

Test Your Knowledge/Win a t-shirt

As a Child Passenger Safety Technician, it is always a good idea to refresh our knowledge. Here's your chance to test yourself and you could win a t-shirt.

Just email your answers to the questions below to: stephanie.heitsch@crmcwy.org, along with your name, address, e-mail address, phone number and t-shirt size. The first 10 correct submissions will be sent the CPS t-shirt.



- 1) What does NHTSA stand for?

- 2) Under what age is it recommended that children ride in a back seat? _____
- 3) What retractor-latchplate combination requires the use of a belt shortening clip?
 - a) ALR with sliding latchplate
 - b) Switchable with sewn latchplate
 - c) ELR with sliding latchplate
 - d) ELR with sewn latchplate
 - e) No retractor with locking latchplate
- 4) YES or NO: Can you use a locking clip instead if a belt shortening clip is needed?
- 5) YES or NO: Is it possible to have tether anchors installed in many vehicles made prior to Sept. 2000?
- 6) The term _____ refers to the protection system on school buses utilizing the strong, well-padded, energy absorbing higher seat backs and narrow spacing.
- 7) _____ percent of the child restraint must be supported by the vehicle seat.
- 8) A _____ can never be used on an airplane as there are no lap/shoulder belts.
- 9) The standard spacing between lower anchor bars is:
_____ mm or _____ inches
- 10) It is best to assume that _____ pounds is the maximum weight allowed for use of lower anchors.

Re-certification 2007

Basic re-certification requirements and deadlines

- Five seat checks approved by a certified instructor or proxy
- Community education
- Minimum of six hours of CPS technical continuing education units
- Register and pay the re-certification fee **before your certification expiration date**

Community Education

OPTION 1: Two-hour check up event with at least one other CPS Technician at which you serve families using any standardized checklist to provide documentation, if needed.

OPTION 2: Provide at least four hours of community education. Examples include presenting to parents, educators, kids, organizations (PTAs, law enforcement). These are presentations to non-CPSTs. You are welcome to combine smaller events for the requirement.

Categories of CEUs (CEUs are self-certified and are subject to random auditing)

1. In-person Session/Workshop (maximum 6 CEUs)
2. Observing a CPS Certification or Renewal Course (max. 3 CEUs)
3. Teleconferences (max. 5 CEUs)
4. Online/Web sessions (max. 5 CEUs)
5. Newsletters/Manuals/Journals (max. 3 CEUs)

Technicians and instructors may mix and match categories to meet the six required hours of continuing education. All categories of CEUs must meet the content requirements of improving CPS technical knowledge such as LATCH, a child restraint manufacturer workshop or CPS technical update. Non-technical CPS sessions, such as how to get funding or run an inspection station, do not qualify.

Check up events, while valuable, do not qualify for CEUs, but do meet Option #1 of the Community Education Requirement.

Can I Get All 6 CEUs From My Office?

You don't even have to leave your office to earn credit for your 6 CEUs for re-certification. Below are ways you can do this. Remember to print the proof of your CEUs in case of auditing.

Newsletter Category/Max 3 in this Category)

- 1 CEU—Every Wyoming Technician is credited one CEU for receiving the Safe Ride News Publication. Contact nancy@saferidenews.com for Proof of Purchase
- 1 CEU— Take the LATCH Manual Quiz. Go to saferidenews.com to learn more
- 1 CEU—Take the CR Manufacturer's Quiz. Go to carseat.org to learn more

Online/Web Sessions Category/Max 5 in this Category

- 2 CEUs— Two presentations and Quizzes on the www.cpsboard.org Website
- 4 CEUs—View the Web Streaming and associated quizzes at <http://www.buckleupillinois.org/>

For a listing of community events, visit safekidswyoming.org.

Informative Websites:

- Safekidswyoming.org
Safe Kids Wyoming
- www.nhtsa.dot.gov
National Hwy Traffic Safety Administration
- www.safekids.org
Safe Kids Worldwide
- www.carseat.org
SafetyBeltSafe USA
- www.cpsboard.org
National Child Passenger Safety Board
- <http://wydotweb.state.wy.us>
Wyoming Department of Transportation
- www.carseatdata.org/
Car seat Compatibility List
- www.hsrc.unc.edu
Car Seat Recall List
- www.kidsncars.org
Kids Safe In and Around Cars

Why use the internet? The NHTSA website offers you the newest recalls, program information, and free materials. The CPS Board site provides Technician Update Reports on new products, techniques and recertification answers.

Quick Thoughts To Consider

“Buckle Up Your Child” Billboard in Wyoming

Thanks to the partnerships of the Suncor Energy USA, the Wyoming Department of Health, Cheyenne Regional Medical Center and Safe Kids Wyoming, a Child Passenger Safety billboard is being displayed in Laramie, Rock Springs, Riverton, Gillette and Cheyenne. The campaign will run for 90 days during the summer months and may be seen after that when Lamar Outdoor Advertising and Next Media have open billboard space.



Thank you to the Texas Department of Transportation for permission to use the awesome picture on the billboard.

WHERE SHOULD THE CARRY HANDLE BE POSITIONED? CURRENT AND RECENTLY DISCONTINUED INFANT-ONLY SEATS

- **Any locked position:** Chicco KeyFit.; Dorel, all (retroactive); Mia Moda Viva
- **Behind seat, at bottom:** Britax Companion
- **Behind seat, mid-level or bottom:** both Baby Trend models
- **Behind top edge of seat:** Britax Baby Safe, Orbit Infant; Peg Perego Primo Viaggio; Team Tex Baby Ride
- **Behind top edge or behind seat, down:** Evenflo, all
- **Up position only:** Combi Centre or Connection
- **Up position, behind top edge, or behind seat, down:** Graco SnugRide or Infant SafeSeat

SafetyBeltSafe U.S.A.

USING BELTS AND LATCH TOGETHER

Can you use both the seat belt and LATCH together to secure a Child Restraint?

We learned at Lifesavers this year that the SAE Working Group still recommends choosing one system or the other- not both- unless authorized by the CR manufacturer. So the answer is to NOT put the seat belt through the belt path and lock off the shoulder belt if the lower anchors are in use. That would be using both systems. The seat belt can go behind (not through) the CR though and be buckled. This activity might make it difficult to access the lower anchors. You must always follow manufacturer's instructions even if they seem counter intuitive to you. Instead of making this decision on your own, call the CR manufacturer to double check. This is too important to second guess. As new seats with new instructions come along, there may be times when what you learned a few years ago has changed.

Submitted by Lorrie Walker, Chair Curriculum Committee/CPS Board

BRITAX FRONTIER HARNESS-2-BOOSTER

There is a new Harness-2-Booster restraint in the field introducing the NEW Frontier including True Side Impact Protection minimizing lateral movement and shielding from intrusion in the event of a side-impact crash. The Frontier Harness-2-Booster® started shipping the second week of April. Have you heard of it? Has a parent asked for help with it yet? Here is an outline of the features and capacities so you can familiarize yourself with it before your next event.

Height and weight range: Harness Mode

- 1) 2 years of age and 25 to 80 lbs., forward-facing
- 2) 30"-53" in standing height
- 3) 12"-18.25" seated height (seat to shoulder)
- 4) Eight harness height positions
- 5) Three buckle positions

Height and weight range: Booster Mode

- 1) 40 lbs and more
- 2) 42" - 60" in standing height
- 3) 13.5" - 21.5" seated height (seat to shoulder)

Submitted by Sarah Tilton, Child Passenger Safety Advocate, Britax

HIGHWAY SAFETY



Cheyenne Regional
Medical Center

Injury Prevention/Outreach
214 East 23rd Street
Cheyenne, Wyoming 82001
(307) 633-7525
(307) 633-7531 FAX
stephanie.heitsch@crmcwy.org

Update and Renewal Courses

UPDATE CLASS MAY BE TAUGHT BY A TECHNICIAN

One option to complete the 6 CEUs is to participate in an Update Class. The class is an 8 hour class and can be taught by not only CPS Instructors, **but also by technicians that stay current in the field.** The update course has been revised and can easily be sent to you on a CD. If approved, **you may also serve as a proxy at the class to check off seat installation for technicians in your community.** This will assist the technicians also to complete that part of the re-certification process. There is funding available through the WYDOT Highway Safety Program grant that can help with expenses you may have to hold the class up to \$500.00. This is completed through a short expense application form for approval and then submission of receipts after the class for reimbursement. To receive funding, the class must have a minimum of 5 students present.

Contact: stephanie.heitsch@crmcwy.org

An update course is being scheduled in Rock Springs for August, 2008. If you are interested in this course, please contact Don Martinez at 307-362-9390. Contact Stephanie.heitsch@crmcwy.org for future classes.

EXPIRED TECHNICIANS CAN BE RENEWED IN AN 8 HOUR COURSE

In order to be eligible for this course, the student must have a CPS profile with a certification status of EXPIRED. There is no limit for how long ago their certification expired. Technicians with expired certifications must register using the online system. What if you try to register and the system says you are not eligible for a Renewal Course? **It is likely you logged in as a new user.** If you did, your status will show as CONTACT rather than as EXPIRED in your online profile (see right column). If you have ever held national CPS certification, you already have an assigned username and password. If you log in as a new user instead, the system will show no record of your certification history. If you do not know your username or password, contact CPS customer service at cps.certification@safekids.org or toll-free at 877-366-8154. All students **MUST** be current in their CPS knowledge and skills and come ready to test! There is no limit to the number of times students can take this course but if students do not pass, they are strongly encouraged to take the full course.

Contact Stephanie.heitsch@crmcwy.org for future classes.

Why Child Passenger Safety (CPS) Training?

Unintentional injuries are the leading cause of death and injury to our children under the age of 16. **The number one killer of our youth is motor vehicle crashes.** In 2006, seven children ages 0-14 were killed and 582 children were injured on our Wyoming roadways. Effective child passenger safety training is very important – not only in terms of providing technical information, but also in raising the awareness of the importance of proper occupant restraint usage by our youngest and most precious travelers. In 2006, more than 1100 car seats were checked throughout Wyoming with 89% installed incorrectly.

The course will expand your existing skills and increase your confidence, enabling you to better provide this valuable, lifesaving service to your community. Documented CPS training and experience also can help reduce employer and practitioner liability.

Upon completion of the NHTSA (National Highway Traffic Safety Administration) standardized course, which has both written and hands-on components of testing, you will be certified as a Child Passenger Safety Technician. By supporting national certification, you help enhance the credibility and professionalism of the CPS community and the organizations that employ CPS technicians, including your own. Technician certification provides you with an additional level of quality control and assurance that you are providing up-to-date information.

Expectations of Training Participants

- Maintain CPS Training Certification through Safe Kids Worldwide by recertifying biannually through education and CEU's.
- Participate in at least three (3) Check Up events per year.
- Conduct presentations in your community on Child Passenger Safety.

NHTSA CPS Training Information
... Inside Space!
Limited Space!

Cheyenne Regional Medical Center
Injury Prevention
214 East 23rd Street
Cheyenne, WY 82001

**NHTSA Certified
Child Passenger Safety
Technician Training**

Aug 19, 20, 21, 22, 2008
Application deadline: July 29, 2008

**Fremont County
Fairgrounds Office
1010 Fairgrounds Drive
Riverton, WY 82501**



Supporting Agencies



Who Should Attend?

Anyone involved in child passenger safety education that wishes to teach accurate information to parents or the general public. Examples include: nurses working in obstetrical, pediatrics, emergency room or home programs, physical therapy staff, childcare providers, physicians, law enforcement, firefighters, car dealership staff and parents. Continuing education contact hours (CECH) are available for law enforcement, fire and rescue, child care providers and nurses.

When

Because this workshop is limited to 25 attendees, and our goal is to have all 25 "graduates" become active in CPS, we require students to attend ALL FOUR classroom sessions AND the Check-Up Event. Please do not skip if you cannot attend the entire training.

Tuesday-Thursday, Aug 19-21, 2008
8:00 am-5:30 pm Lecture, Hands-On, & Testing
Friday, Aug 22, 2008
8:00 am-3:00 pm Class & Check-Up Event
(12:00-3:00) (State Fairgrounds)
(required attendance to complete training)

Limited Registrations

Only 25 applications will be accepted for this course. Your rapid return of this application is important if you are planning to attend. The application deadline is July 29th, 2008. Late registrations will be assessed a \$10 late fee. You will be notified of your acceptance to this class and provided with additional course and hotel information by Aug 12th. Cancellations received by July 29th, 2008 will be refunded \$90.00 of the registration fee. Substitution requests will be included in additional information.

The registration fee of \$120.00 must accompany your application. The registration fee helps to cover the expenses of all course materials, lunch each day, break food and beverages, rental of the training center, registration of the class and a child passenger safety shirt. Additional costs are paid for through a Federal 402 Highway Safety Grant. For scholarship information, call 307-633-7525.

Training Location

Fremont County Fairgrounds
1010 Fairgrounds Drive
Riverton, WY 82501

Wyoming CPS Instructor Team

- KATHY CLAY
Jackson Hole Fire EMS Jackson
- JOHN FITZGERALD
Cheyenne Fire and Rescue/Cheyenne
- STEPHANIE HERTSCH
CRMC Injury Prevention/Cheyenne
- JIM HOFFLUND
Laramie Fire Department/Laramie
- JUSTIN MINARD
Wyoming Highway Patrol/Wheatland
- CHRIS SCHELL
Wyoming Highway Patrol/Casper
- DIANA SHANNON
Campbell County Hospital
- MATT STROTT
City of Laramie Fire Department
- ANNA THOMPSON
WYDOT Highway Safety Program/Cheyenne
- BRIDGET WHITE
Children Nutritional Services/Cheyenne
- DOAN WOOD
Cheyenne Fire and Rescue/Cheyenne

Lodging Information

Students requiring lodging (more than 50 miles from the training), please fill out the lodging information:
Name: _____

Roommate name: _____
(A roommate helps to lower the costs of the class)
Single Room _____ Double Room _____
Smoking _____ Non-Smoking _____

Nights of lodging will be booked for Aug 18, 19, 20, 21
Lodging will be booked and paid for each attendee through a Federal 402 Highway Safety Grant. You will receive full hotel details by Aug 12th.

NHTSA Certified
Child Passenger Safety
Technician Training

Aug 19, 20, 21, 22, 2008

Fremont County
Fairgrounds Office
1010 Fairgrounds Drive
Riverton, WY 82501

Student Application Form

Name _____
Title _____
SS# _____
Organization _____
Preferred mailing address provided below is:
Work _____ Home (circle one) _____

Address _____
City/State/Zip _____
Daytime Phone _____
Fax _____
Email _____
Men's Shirt Size _____

To reserve spaces for individuals in an organization, please send in the registration fee immediately and the names of the individuals by July 29th, 2008.

Return this application section before July 29th, 2008, with the \$120.00 registration fee. Make checks payable to:
Cheyenne Regional Medical Center
Injury Prevention

Mail to: Attn: Stephanie Hertsch
Cheyenne Regional Medical Center Injury Prevention
214 East 23rd Street
Cheyenne, WY 82001
307-633-7525